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Cataract Surgery Postoperative Instructions

1. Do not remove the eye patch or eye shield on the night of surgery. There is no need to apply eye drops in the operated eye. However, if you take eye drops for glaucoma, please use them in the non-operative eye.
2. You may resume your regular diet as tolerated.
3. You may perform light physical activities but resting after your procedure is recommended.
4. Please resume all your medications as prescribed (including aspirin).
5. If you have mild discomfort, you may take Tylenol or your prescription pain medication if given to you by your physician. Do not be concerned by mild discomfort or a foreign body sensation. This is common on the first night.
6. Do not drive until your Dr. Sobol states it is okay to do so.
7. The medications that you receive will impair your judgement. Do not operate machinery, appliances, or operate a stove today.
8. Do not sign any important papers or make important decisions for 24 hours. Your judgement might not be clear until all the medication has worn off.

Remember, it is normal for your eye to be scratchy. If you have unusual amounts of discomfort (despite taking pain medication like Tylenol), discharge, and/or swelling, please contact us and report your symptoms.